

Exercise and Sport Sciences & Athletics Symposium

Colby-Sawyer College

Ware Campus Center

Wheeler Hall

March 23, 2009

Obesity: The BIG Issue

- 8:00 a.m. Registration
- 8:30 a.m. **Psychosocial Aspects of Obesity**
Dr. Christy Greenleaf
- 9:45 a.m. **Obesity and Fast/Pseudo Food Sponsorship of Sporting Events: A Moral Dilemma**
Dr. Karen Danylchuk
- 11:00 a.m. **Obesity Treatment: How to Make a Difference with Your Clients**
Ms. Claudette Peck
- 12:00 p.m. Buffet Luncheon
- 1:00 p.m. **Professional Athlete or Biggest Loser Contest: Addressing the Challenges of Youth Participation in Sport and Physical Activity**
Dr. Laura Burton

Christy Greenleaf is an associate professor in the Department of Kinesiology, Health Promotion, and Recreation at the University of North Texas. Her research focuses on psychosocial aspects of physical activity, body image, and obesity. She is particularly interested in weight bias, or negative attitudes and stereotypes toward individuals who appear to be overweight, and how weight bias manifests itself within physical activity settings.

Karen Danylchuk is an associate professor in the School of Kinesiology at the University of Western Ontario. She has been a faculty member at Western since 1986, teaching in the area of Sport Management. Her current research is focused on the ethical dilemma of fast food sponsorship of sporting events as it relates to the obesity issue.

Claudette Peck is a staff nutritionist and coordinator of Nutrition Programs at Dartmouth College Health Services. She is a licensed clinical mental health counselor and a registered licensed dietitian. Prior to Dartmouth College, Ms. Peck had a private practice serving individuals, groups, and families, working with issues around food, eating disorders, weight management, and general nutrition. She has worked in the field of eating disorders, weight management for 13 years.

Laura Burton is an assistant professor of Sport Management in the Department of Kinesiology at the University of Connecticut. One of her current research interests is in how to provide children at risk for obesity with physical activity opportunities, and how to promote their lifelong involvement in exercise and sport. Dr. Burton works in collaboration with Dr. Jaci VanHeast in the implementation and evaluation of the Paw PALS program, which provides opportunities for before school physical activity for elementary school children at risk for obesity.

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8:00 a.m. – 2:15 p.m.

To register, complete this form and enclose the following:

Lectures: Free

Lunch:

\$15.00 professional

\$10:00 students and senior citizen

and return by March 16, 2009, to:

Ms. Terri Hermann, Administrative Assistant

Colby-Sawyer College

541 Main Street

New London, NH 03257

Phone: (603) 526-3616 Fax: (603) 526-3872

E-mail: thermann@colby-sawyer.edu

**Please make checks payable to
Colby-Sawyer College**

(Please print)

Name(s) _____

Work address: _____

Telephone: _____

E-mail: _____

School/Organization: _____

(if applicable)

I am/we are:

_____ Athletic Director(s)

_____ Coach(es)

_____ Sport Science Professional(s)

_____ Other (specify): _____

_____ Attending lectures only

_____ Attending lectures and lunch

Amount Enclosed: \$ _____