

# A SPORTS MEDICINE UPDATE

## Pathologies and Treatment of the Hip and Athletic Pubalgia



*After the knee and shoulder joints received most of the attention in the past 2 decades, the hip and pelvis are now at the forefront of current research and clinical investigation. Biomechanically complex like the shoulder and weight bearing like the knee, the hip presents numerous challenges for sports medicine clinicians. The numerous pathologies affecting the hip and pelvis make diagnosis, treatment and rehabilitation of the hip complex difficult. This conference addresses the most current research, conservative and surgical treatment, rehabilitation and preventative management of various hip complex injuries.*

**May 30<sup>th</sup> 2009**

**Sponsored by the Departments of Athletic Training and Physical Therapy**

**Cornell University**

**Friends Hall, Schoellkopf Stadium**

**Ithaca, NY**



## Program Faculty

### Robert L. Buly, MD

Associate Professor of Clinical Orthopaedic Surgery, Weill Medical College of Cornell University  
Associate Attending Orthopaedic Surgeon, The Hospital for Special Surgery and The New York Presbyterian Hospital

### William C. Meyers, MD

Chairman of the Department of Surgery, Drexel University College of Medicine  
Senior Associate Dean for Biotechnology Development, Drexel University College of Medicine

### Matthew G. Scuderi, MD

Assistant Professor of Orthopaedic Surgery, Upstate Medical University  
Orthopaedic Surgeon, Upstate Medical University, Department of Sports Medicine

### Ed Kelly, MS, ATC

Assistant Athletic Trainer, Men's Hockey and Sprint Football Teams, Cornell University

### Paul R. Geisler, EdD, ATC

Assistant Professor & Director of Athletic Training Education, Department of Exercise and Sport Sciences,  
School of Health Sciences and Human Performance, Ithaca College

## Course Agenda:

8:00 - 8:30 a.m.	Registration and Continental Breakfast	
8:30 - 9:00 a.m.	Differential Diagnosis of the Hip	Dr. Matt Scuderi
9:00 - 10:30 a.m.	Hip Pathology: <ul style="list-style-type: none"><li>• Evaluation</li><li>• Surgical Treatment</li></ul>	Dr. Buly
10:30 - 10:50 a.m.	<b>Break</b>	
10:50 - 11:30 a.m.	<b>Concurrent Didactic Session I</b> <ul style="list-style-type: none"><li>• Diagnostic Imaging and Surgical Techniques</li><li>• Post-Operative Rehabilitation</li></ul>	
11:30 - 12:00 p.m.	Panel Discussion	Moderator: Jim Case
12:00 - 1:00 p.m.	<b>LUNCH</b>	
1:00 - 2:30 p.m.	Athletic Pubalgia: Signs, Symptoms, & Surgical Intervention	Dr. Meyers
2:30 - 3:00 p.m.	Prevention of Athletic Pubalgia	Paul Geisler
3:00 - 3:15 p.m.	<b>Break</b>	
3:15 - 4:00 p.m.	<b>Concurrent Didactic Session II</b> <ul style="list-style-type: none"><li>• Rehabilitation of Athletic Pubalgia</li><li>• Medical Treatment of Athletic Pubalgia</li></ul>	Ed Kelly Dr. Meyers
4:00 - 4:15 p.m.	Panel Discussion	Moderator: Dr. Matt Scuderi
4:15 - 4:30 p.m.	Wrap-Up & Course Evaluations	



## Registration

### A Sports Medicine Update: Pathologies & Treatment of the Hip & Athletic Pubalgia

**Location:** Friends Hall, Schoellkopf Stadium on the Cornell University Campus, Ithaca, NY

**Registration Fees** include continental breakfast, lunch, and all lecture handouts

- 7 CEUs provided by the BOC for Certified Athletic Trainers
- NYPTA application for CEU's in progress

**Course Fees:** Deadline April 1<sup>st</sup>. Seating is limited to 80 participants, so please register early.

- Physicians - \$175
- Athletic Trainers, Physical Therapists - \$150
- Other Allied Health Professionals - \$150
- Students - \$50

**Refund Policy: All refund requests must be submitted by mail**

- Notification received before 4/30/09, a 100% refund will apply
- From 5/1/09 to 5/20/09, a 50 % refund will apply
- No refunds will be given after 5/20/09

**Payment by mail:** Make checks payable to Cornell University; full payment due w/registration

**Mail Registration Form and check to:**

Susan A. Geisler, PT, ATC  
Attention: Sports Medicine Update  
Department of Physical Therapy, Schoellkopf Hall  
Campus Road, Ithaca, NY 14853-3101

**For further information,** contact any of the following individuals:

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Ed Kelly: [erk2@cornell.edu](mailto:erk2@cornell.edu)  
Jim Case: [jgc4@cornell.edu](mailto:jgc4@cornell.edu)

**Please note:** Registration will not be processed unless accompanied by payment in full

Please complete and detach form, and send with payment.

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Professional Place of Employment: \_\_\_\_\_

NATA Certification Number: \_\_\_\_\_ NYPT License Number: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_ Daytime phone: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_ Signature: \_\_\_\_\_

