

## **The 8<sup>th</sup> Annual GNHC Bowl-A-Thon**

The Annual Bowl-A-Thon is the premier fundraiser for the Good Neighbor Health Clinic & Red Logan Dental Clinic located in White River Junction, Vermont.

Proceeds from this fun-filled event will help ensure the Clinics' ability to meet the health care needs of our friends and neighbors in the Upper Valley of New Hampshire and Vermont.

Even if you've never tried bowling before, please sign up for this fun afternoon and help make a difference in our community. Let's go bowling!

### **How to Sign Up:**

You can sign up as a team. Each team should have between four and six members. Then, each member invites friends and family to sponsor his or her two hour bowling bloc.

All teams registering must have raised at least \$250.00.

You can sign up as an individual. Individuals will be placed with teams

needing an extra teammate. Then, each individual invites friends and family to sponsor his or her two hour bowling bloc.

Individuals registering must have raised at least \$50.00.

Bowlers can win prizes and we'll be holding a raffle with tons more prizes.

### **Bowling Shifts**

There are two shifts available:

1:00 pm – 3:00 pm

or

3:00 pm – 5:00 pm

### **Pledge Sheets**

Use the pledge sheet(s) provided to keep track of donations made and received. Donations may be turned in at the event or before September 19, 2009 at the Good Neighbor Health Clinic.

Registration and donations can be made online at:

[www.goodneighborhealthclinic.org](http://www.goodneighborhealthclinic.org)



Or by mailing in the form or dropping it off in person on the opposite side to:

Upper Valley Lanes & Games  
Attn: Dale Lucas

94 Bowling Lane (off Sykes Ave.)  
PO Box 1163  
White River Jct., VT 05005

For more information, call Good Neighbor at 802-295-1868 or Upper Valley Lanes & Games at 802-296-2442.

### **Deadline**

Registration deadline is Thursday, September 17, 2009. Registered teams/individuals will receive a confirmation number. Please specify preference for candlepin or tenpins or any special needs or handicapped accommodations.

Registration for 8<sup>th</sup> Annual Good Neighbor Health Clinic Bowl-A-Thon

Team Name \_\_\_\_\_

Captain/contact \_\_\_\_\_

Email \_\_\_\_\_

phone# \_\_\_\_\_

Mailing address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Team Members \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Bowling Time: 1-3 or 3-5 pm (circle one)

Candlepin or Tenpin (circle one)

**The Good Neighbor Health Clinic**

(GNHC) in White River Junction was established to ensure that quality medical care is available to all those in the Upper Valley in need. In August 1996, we opened the **Red Logan Dental Clinic** in response to the increasing need for dental care.

The majority of GNHC's funding comes from local sources, including private donations and proceeds from events like the Bowl-A-Thon.

The main medical and dental clinics are located at 70 North Main Street in White River Junction, Vermont in the historic building formerly housing the Gates Memorial Library. There is also a satellite medical clinic in Canaan, New Hampshire.

To schedule an appointment with the medical clinic call (802) 295-1868 or with the dental clinic (802) 295-7573 .

**The 8<sup>th</sup> Annual Good Neighbor Health Clinic Bowl-A-Thon!**

Saturday September 19, 2009

Upper Valley Lanes & Games  
White River Junction  
Between 1 and 5 pm.



Sponsored in part by:



**Mascoma Savings Bank**