

New England AAU Karate District

2009 Championships



Hosted by Ken Bladyka's Okinawan Karate Academy

Sunday, April 5, 2009
at the CCBA in Lebanon, NH

New England AAU Karate strives to provide a competition experience that reflects the principles we promote every day in our *karate-dojo* - character, sincerity, effort, courtesy, and self-control. Beyond any ribbons and medals, the NEAAU Championships provide a place to refine and test our skills in friendly and fair competition, and to explore the similarities and differences between our various styles and schools. There are no minimum rank limitations for this event; any student who knows even the first *kata* can participate. Students learn and grow safely by competing with others of similar age and rank. We hope to see you on April 5th!

Qualifier: The top eight athletes from each division qualify for the 2009 AAU National Karate Championships, to be held June 15 - 20 in Fort Lauderdale, Florida. The top four athletes from each division qualify for the 2009 AAU Junior Olympic Games to be held July 27 to August 8, 2009, in Des Moines, Iowa.

Eligibility: AAU membership is required for all athletes, officials and coaches. Registration is available at <www.ausports.org>, or at the event. Annual membership is \$12 for youth / \$27 for adult athletes. **ATHLETES MUST PROVIDE PROOF OF AAU MEMBERSHIP.**

Registration: \$50 for Any or All Events - Registration must be received by Saturday, March 28. No refunds. \$20 late fee for any registration received after Saturday, March 28. Please make fees payable to: "Okinawan Karate Academy".
Mail to: Okinawan Karate Academy, 351 Miracle Mile, Lebanon, NH 03766

Admission: Adults - \$5 / Youth Under 12 - \$2 / Seniors & Children Under 6 - Free

Schedule: Doors Open for General Admission & Athlete Check-In at 8:30 AM

Age Group:	Staging Time:	Finish Time:
5 - 10 Yrs	9:30 AM sharp	11:30 AM
11 - 14 Yrs	10:00 AM	1:00 PM
15 - 18 Yrs	1:00 PM	3:00 PM
19 Yrs - Up	1:00 PM	4:00 PM

Athletes must report to the staging area at the listed times. Start & finish times are estimated - actual timetable will vary depending on registration.

(continued)

2009 NEAAU Karate Championships *(continued)*

Director: Ken Bladyka, NEAAU Karate Chairman - 603-448-2662 <sensei@okadojo.com>

Rules: AAU Rules Apply. AAU Rules are on the web at <www.aaukarate.org>

Events: Kobudo (Long) - *Bo* (Long Staff) & *Ekui/Kai* (Oar)
Kobudo (Short) - *Sai, Tonfa, Kama, & Nunchaku*
Kata - Traditional Forms from Recognized Japanese & Okinawan Styles
Kumite (*Shobu Sanbon*) - Three-Point Match in All Divisions

Age Groups & Levels: Age Groups are 5-6, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, 19-34, and 35+.
ATHLETES AND/OR PARENTS MUST BE PREPARED TO PROVIDE PROOF OF AGE (birth certificate or other form of identification). Without proof of age, athletes may be placed in another division at the director's discretion. Divisions may be combined or split to provide fair and reasonable competition for all.

ATHLETES MUST PROVIDE THEIR OWN COMPETITION BELTS.

Level:	Years of Training	Belt:
Beginner	Under ONE year	WHITE
Novice	ONE - TWO years	GREEN
Intermediate	TWO - FOUR years	BROWN
Advanced	Over FOUR years	BLACK

Dress Code: Athletes : Clean, solid white, traditional karate uniform. No stripes. One patch only. No jewelry. ATHLETES MUST PROVIDE THEIR OWN PROPER UNIFORM.
Officials : Gray slacks, white shirt, blue tie. Blue blazer optional. Black shoes.
Coaches : Solid blue polo shirt, white gi pants, white athletic shoes.

Equipment: Mandatory safety equipment for kumite: Mouthguard and white fist pads for all, groin protector for males. AAU-approved white headgear with faceshield mandatory for all youth age 18 & under. Cloth shin/ instep pads recommended for youth. Headgear and cloth shin pads are optional for adults. ATHLETES MUST PROVIDE THEIR OWN SAFETY EQUIPMENT.

Directions: Signs will be posted from EXIT 18 on Interstate I-89 in Lebanon, NH. From Exit 18, take Route 120 South. Go LEFT on Hanover St. to the traffic rotary around the Lebanon Green. Take Campbell St. (past the Exxon station on the corner) to the Carter Witherell Center (CCBA) on Taylor St. (CCBA Phone 603-448-6477)

Lodging: Residence Inn by Marriott, 32 Centerra Pkwy, Lebanon, NH - 603-643-4511
Fireside Inn & Suites - Airport Road, West Lebanon, NH - 603-298-5900

2009 TOURNAMENT APPLICATION

(Please make copies as needed)

Athlete's Name _____ M/F _____ DOB _____
 Address _____ Height _____ Weight _____
 City _____ State _____ Zip _____
 E-Mail _____ Phone _____
 Dojo/Club _____ Location _____
 AAU Number (register in advance at <www.aausports.org> _____

Please mark the athlete's competition level and the events in which the athlete will compete:

<input type="checkbox"/> BEGINNER Less than ONE YEAR of training..... * Must wear WHITE belt
<input type="checkbox"/> NOVICE..... More than ONE / Less than TWO years * Must wear GREEN belt
<input type="checkbox"/> INTERMEDIATE..... More than TWO / Less than FOUR years ... * Must wear BROWN belt
<input type="checkbox"/> ADVANCED Over FOUR years of training * Must wear BLACK belt

<input type="checkbox"/> KOBUDO - SHORT.. Short Weapons - Sai, Tonfa, Kama, Nunchaku
<input type="checkbox"/> KOBUDO - LONG ... Long Weapons - Bo (Long Staff), Eku/Kai (Oar)
<input type="checkbox"/> KATA..... Empty Hand Forms
<input type="checkbox"/> KUMITE..... Sparring (Three-Point Match)
<input type="checkbox"/> IPPON KUMITE..... Sparring - One-Point Match (Adult Male Only - Open Division)

The tournament director reserves the right to combine or split any divisions to provide fair and reasonable competition for all.

Please send your completed tournament application along with \$50 registration fee and a copy of your AAU membership (register in advance at www.aausports.org).
 Registration must be received by Saturday, March 28.

LIABILITY WAIVER : I, the undersigned, do hereby assume full responsibility for any and all damages, injuries, or losses I or the minor for whom I am parent/guardian may cause or sustain while traveling to or from and in conjunction with this tournament I have entered. I further agree that I and/or the minor, my family, heirs, executors, and administrators will not hold any person associated with this event - Amateur Athletic Union of the United States, Okinawan Karate Academy, Inc., Kenneth R. Bladyka, volunteers, promoters, judges, officials, security or emergency personnel - liable for any damages incurred. I also consent that any videotapes and/or photographs taken of me in connection with this tournament competition may be used for publication or promotions and I waive compensation in regards thereto.

Athlete or Parent/Guardian _____ Date _____