

January, 2006

The Net

A Newsletter of the Women's Network of the Upper Valley

Mission:

"A forum for women in all their roles, both personal and professional, to voice their viewpoints and interests."

Please Take Note:

- Always a Good Time to Become a Member (Form Included)
- Evening Event on Sunday, January 8th at Hanover Friends Meeting House **(PLEASE NOTE CHANGE IN DATE AND PLACE.)**
- Luncheon on Monday, January 23rd (Reservation Form Included)

Upcoming Networking Question:

January 8th
"What would you do this year - if you knew you wouldn't fail?"

January 23rd: TBD

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President's Letter

Dear Friends,

Our joint meeting on Tuesday, December 13th with the International Women's Club (IWC) was a big success. Irene (Renie) MacArthur, President, told us about the IWC. I spoke briefly about the WNUV. Then, Audrey McCollum shared some of her observations about "Being a Newcomer During the Holidays". Audrey's insights initiated wonderful networking amongst regular members of the WNUV and IWC as well as brand new members of the Upper Valley Community. While a couple of us seemed unphased – even energized -- by the process of moving, most of us experience being without a "tap root" or "anchor" to be painfully difficult and especially so during the holiday season!

Looking towards the New Year, our evening event on **Sunday, January 8th at the Quaker Meeting House** will be with Melanie (Mel) Robbins, coming to us from Boston. **(Please note change in date and place.)** A graduate of Dartmouth College and Boston College Law School, Mel has been named one of the top ten executive coaches in New England. She has coached entrepreneurs from early stage companies to senior executives from Fortune 500 companies and appeared as a guest on *The Oprah Winfrey Show*, *Chronicle Magazine* and *Money Matters*. Her work with clients has also been featured in numerous publications. (You may visit her website at www.melrobbins.com.) Please be thinking about the networking question that Mel herself has posed: "What would you do this year - - if you knew you wouldn't fail?"

Our winter luncheon on January 23rd, again at

the Tip Top Café in WRJ, will feature Lisa Baldez, Associate Professor of Government and Latin American, Latino, and Caribbean Studies at Dartmouth. Lisa is editor of a new scholarly journal, *Politics & Gender*, the official journal of the Women and Politics research section of the American Political Science Association. On top of the cutting-edge research in this field, she will talk about Michelle Bachelet – mother of three, pediatrician, and newly elected president of Chile.

As we begin 2006, I want you all to know just how much I am enjoying my role as President of the WNUV. It is a privilege getting to know my community better – members of the IWC, the faculty in Women and Gender Studies at Dartmouth and, of course, speakers for and members of the WNUV. I so appreciate those with whom I work most closely, the "Core" who do whatever it takes to keep things interesting yet running smoothly. I appreciate the support provided by you who have signed up to be WNUV members for the 2005-6 year. I also appreciate you who don't have the time or interest to join WNUV but nonetheless enjoy getting the Net, attending a meeting of particular interest, or just knowing that the "Women's Network" exists!

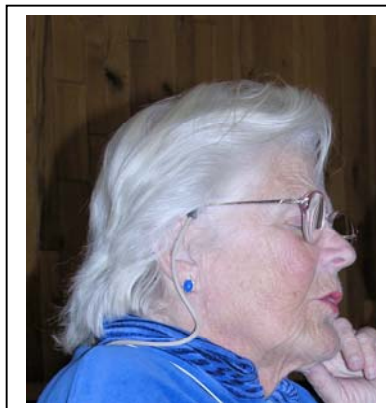
To all of you, I send my thanks and best wishes for a wonderful New Year.

Warm regards,

Judi Colla

Events

“Being a Newcomer at Holiday Time” with Audrey McCollum and The International Women’s Club



Audrey McCollum, Psychotherapist
Member IWC and WNUV

Audrey McCollum was born and raised in New York City, where turmoil in her family sparked her drive to become a psychotherapist and writer. Educated at Vassar College and the Simmons College School of Social Work, she became a family therapist and research associate at the Yale University Child Study Center and Department of Pediatrics. During those years, she married and began rearing her daughter and son.

A wrenching move to New Hampshire after 32 years in Connecticut rekindled her interest in loss and personal transition. Her ground-breaking book, *The Trauma of Moving: Psychological Issues for Women* (Sage Publications) was followed by *Smart Moves: Your Guide Through the Emotional Maze of Relocation* (Smith and Kraus), coauthored by Nadia Jensen and Stuart Copans.

McCollum, now retired from psychotherapy, writes, skis, hikes, and lives happily with her husband in Etna, New Hampshire.

The following is comprised of excerpts from a longer piece about both the WNUV and the IWC written by Audrey McCollum just a few years ago.

The IWC was founded in 1994 by Nazy Martin who was raised in Iran. Wanting to help her own re-entry into Hanover along with the wish to help other newcomers acclimate and meet people in the area, she announced the formation of the IWC at the annual Newcomer's Lunch. The response was enthusiastic.

Micheline Lyons, who had just retired from Dartmouth and was seeking new connections, shared Martin's interests. A Parisian and internationalist, Lyons had moved to the Upper Valley with her husband and three children in the late 1950's. Although interested in women, she was never interested in women's groups. "I was interested in causes." Breaking down the barriers of nationalism is her primary cause. In IWC, Lyons started a French conversation lunch and a reading group. She selects books by women authors, often focused on cultural displacement.

The 170 members of IWC include about half who identify themselves as Americans; the others have come from nations that span the globe. IWC doings are diverse: Informal Coffee Drop Inns at the Hanover Inn; monthly cultural luncheons at which a member will prepare food typical of her nation and describe the role of food in that culture; excursions to museum; a weekend in Canada; Mah Jongg; book reading group; foreign language lunches; and special lectures and parties at which men are welcome.

IWC President Renie MacArthur, who joined in 1995, especially appreciated those bonds when her husband was killed in an accident. "My happy life seemed to come to an end. Then the dear ladies of the IWC and the Hanover Garden Club ... appeared. ... I was in need of friendship that was kind, understanding and thoughtful. And that is just what I had."

If Sigmund Freud were alive today to pose his oft-quoted question: "What do women want?" WNUV and IWC would provide many answers. Both organizations offer myriad opportunities for women to develop the deep friendships that many cherish.

For more information about IWC membership, contact Beyhan Aksel: beyhana2@yahoo.com



Irene (Renie) MacArthur,
President WNUV



Suzy Harding, Member WNUV

Membership

The Net

A NEWSLETTER OF THE WOMEN'S NETWORK OF THE UPPER VALLEY

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Wonderful Housekeeper Accepting Additional Clients

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References Available

Book Mark

Into the Blue.: A Father's Flight and a Daughter's Return by Susan Edsall. Author lives about half time here and half time in Montana. True story of stroke her father suffered, his complete recovery, and tremendous battle family had with medical establishment. Susan's father had been told he would never again fly -- a major part of his life. Heart stopping and tremendously funny at the same time. (Barbara Jones)

War is a Force that Gives Us Meaning by Chris Hedges. Written by a former war correspondent who was addicted to war, this work examines Hedges' first hand experiences on the front lines of the Balkans, the Middle East and Central America. These experiences permit him to see the destruction of culture and the perversion of human instincts that embrace death over life. He examines how leaders manipulate nationalism and patriotism into an elixir that rationalizes war. He draws from Homer to Shakespeare to Remarque to show how human beings are conditioned to embrace what he calls "the myth of war." Relevant and riveting. (Carol Weingeist)

Any of Jodi Picoult's – Mercy, Plain Truth, My Sister's Keeper, Keeping Faith, Salem Falls. All page-turners, not formulaic or geographically challenged. Her medical and legal facts are accurate but not boring. She sometimes reads at the Norwich Bookstore and tells about her research for the next novel. (Love 'n Peace, Esther Colby)

In Another Kingdom

*I turned, sun-dazed,
from the window
to an unfamiliar room
dark with memories,
the shades of the past
pursuing me.*

*So it was, I thought, for Orpheus,
seeking Eurydice, she,
who, soft of step
and dead to the world,
could not keep pace
beyond the realm of
Hades and Persephone.*

*Is it any wonder then
that I do not venture
into the dazzle of this day
but retreat instead
to the shadowy past
where recollection reigns?*

Nomi J. Waldman

Members in the News

Freeport Community Services (Maine) recently honored founder **Suzy Harding** at an event celebrating a new facility. • NH governor Lynch has appointed **Judy Rocchio** to the Governor's Advisory Panel on Cancer and Chronic Diseases. Congratulations, Suzy and Judy!

Many Thanks to Parker House!!

Mark and Marty Rowell enjoyed a marvelous dinner at the Parker House on Monday, August 22nd. Adam was a very gracious host and most accepting of a problem presented to him -- our Gift Certificate had been hastily cleared away with the table linens from last May's WNUV finale at the Hanover Inn. The only proof we could show as bona fides was a printout of an e-mail letter between Ro Wyman and me stating what had happened. On no notice at all, Adam fit us into a 6:30 PM slot with nary a murmur! We were seated at the rail of the outside deck overlooking the Ottaquechee River near the falls. The food and drink were delish and dessert divine. We thank him profusely for a remarkable and relaxing evening and for honoring his contribution to the raffle. (Marty Rowell)

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Upcoming Program 2005 - 6

Evening Program

*Unless otherwise noted,
in Mayer Room at the Howe Library in Hanover
Second Tuesday of the Month, 6:15 to 8:30 pm*

Sunday, January 8, 2006

Quaker Meeting House in Hanover

6:15 to 8:30 pm

“Life Coaching”

Melanie Robbins, Esquire

Entrepreneur, Lawyer, Executive Coach

February 14, 2006

“Writing Mysteries”, Sarah Taylor

March 14, 2006

“Stem Cell Research”, Judy Stern, MD, DHMC

April 11, 2006

“Collage Workshop”, Joan Burch

May (TBD), 2006 (\$)

Spring Dinner

June 13, 2006

Potluck/Brainstorming for Next Year’s Program

Luncheon Program (“Remarkable Women”)

*(In collaboration with the Program on
Gender and Women Studies at Dartmouth)*

Tip Top Café in WRJ

Selected Mondays, 12:00 to 2:00 pm

Advanced Reservations Required

\$20 (Members)/\$25 (Non-members)

For information, contact the Special Events Chair:

Debbie Aliber

January 23, 2006

“Michelle Bachelet of Chile”

**Lisa Baldez, Associate Professor of Government
and Latin American, Latino, and Caribbean Studies**

April 17, 2006

“A Woman from the Bible (TBD)”

Susan Ackerman, Professor of Religion

Now Welcoming Suggestions

Upcoming Program 2006 – 7

(Not Too Early to Start Thinking about the Possibilities!)

The Net

P.O. Box 183
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